

## Doctors Dosing Chart / Streeterville Pediatrics

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Office Hours: Mon-Fri 9:00-4:30, Sat 9:00-1:00

	5-10 lbs	10-15 lbs	15-20 lbs	20-25 lbs	25-30 lbs	30-35 lbs	35-40 lbs	40-50 lbs	50-60 lbs	60-70 lbs	70-80 lbs	80-90 lbs	90-100 lbs	> 100 lbs
<b>#1 FEVER or PAIN CONTROL</b>														
<b>ACETAMINOPHEN</b> (Tylenol) Frequency: every 4 hours as needed for Fever or Pain														
*Infant Drops / Childrens Suspension (160mg/tsp = 160mg/5ml) *Note that Infant & Childrens are the same strength, Infant Drops come with a syringe - dose size is based on weight														
	0.7-1.4 ml	1.4-2.0 ml	2.0-2.75 ml	2.75-3.5 ml	¼-1tsp	1tsp	1-1¼tsp	1¼-1½tsp	1½-1¾tsp	1¾-2tsp	2-2¼tsp	2¼-2½tsp	3 tsp	
Childrens Chewable Tablet (80mg/tablet)														
	NA	NA	1 Tab	1½Tab	1½-2 Tab	2 Tab	2 Tab	3 Tab	3½ Tab	4 Tab	4½ Tab	5 Tab	NA	NA
Junior Strength Chewable Tablet or Swallowable Caplet (160mg/tablet)														
	NA	NA	NA	NA	1 Tab	1Tab	1 Tab	1¼Tab	1½ Tab	2 Tab		2½ Tab		3 Tab
Adult Strength Capsule (325mg/capsule)														
	NA	NA	NA	NA	NA	NA	NA	NA	NA	1 Tab				2 Tab
Extra Strength Capsule (500mg/capsule)														
	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	1 Tab	
<b>Rectal Suppository (acetaminophen)</b> 80 mg														
					120 mg					325 mg				
<b>IBUPROFEN</b> (Advil, Motrin, Nuprin) Frequency: every 6 hours as needed for Fever or Pain														
Childrens Drops (50mg/1.25ml)														
	NA	1.25ml	1.5ml	2.0ml	2.5ml	NA	NA	NA	NA	NA	NA	NA	NA	NA
Childrens Ibuprofen Suspension (100mg/tsp=5ml)														
	¼-½ tsp	½-¾ tsp	¾-1tsp	1¼tsp	1¼-1½tsp	1½tsp	1¾tsp	2tsp		2½tsp		3tsp		4tsp
Junior Strength Chewable Tablet (100mg/tablet)														
	NA	NA	NA	1 Tablet		1½Tab		2 Tab		2½ tab		3 Tab		4 Tab
Regular Strength Tablets (200mg/tablet or capsule)														
		NA	NA	NA	NA	NA	NA	1 Tab						2 Tab
<b>#2 COUGH SUPPRESSANTS (frequency every 6 hours)</b>														
Robitussin Infant Cough (10mg Dextromethorphan+200mg Guaifenesin/5ml)														
			¾ tsp**	¾ tsp	¾ tsp	1 tsp	NA	NA	NA					
Robitussin Pediatric Cough (7.5mg Dextromethorphan/5ml)														
		½ tsp**	¾ tsp**	1 tsp	1½ tsp	2 tsp	NA	NA	NA	NA	NA	NA	NA	NA
Robitussin DM Adult (10mgDextromethorphan+100mgGuaifenesin/5ml)														
			¼ tsp**	¾ tsp	¾ tsp	1 tsp	1 tsp	1¼ tsp	1½tsp	2 tsp	2 tsp	2¼ tsp	2½ tsp	2½ tsp
<b>#3 DECONGESTANTS for RUNNY NOSES (frequency every 6 hours)</b>														
Pediatric Sudafed Drops (7.5mg Pseudoephedrine/0.8ml)														
		0.4 ml**	0.6 ml**	0.8 ml	1.2 ml	1.6 ml	2.0 ml	2.4 ml	NA	NA	NA	NA	NA	NA
Sudafed Childrens (15mg pseudoephedrine/5ml)														
		¼ tsp**	¼-½ tsp**	½-¾tsp	¾-¾tsp	¾-1 tsp	1-1¼ tsp	1tsp	1½ tsp	2 tsp	2¼ tsp	2½ tsp	3 tsp	4 tsp
Sudafed Nasal Decongestant Chewable Tablets (15mg Pseudoephedrine/Tablet)														
		NA	NA	½ tab	¾ tab	1 tab	1 tab	1½ tab	2 tab	2 tab	2½ tab	NA	NA	NA
Sudafed Tablets (30mg Pseudoephedrine/Tablet)														
		NA	NA	NA	NA	NA	NA	NA	1 tab	1 tab	1 tab	1 tab	2 tab	2 tab
Dimetapp Elixer (Bromphenaramine 1mg+15mg Pseudoephedrine/Tab)														
				½-¾ tsp	¾-¾tsp	¾-1 tsp	1¼tsp	1¼tsp	1½ tsp	2 tsp	2¼ tsp	2½ tsp	3 tsp	4 tsp
<b>#4 ANTIHISTAMINE for ALLERGY SYMPTOMS or COUGH (frequency every 6 hours)</b>														
Benadryl Elixer (12.5mg Diphenaramine/5ml)														
		¼ tsp**	½ tsp**	¾ tsp	¾tsp	1 tsp	1¼ tsp	1½tsp	2 tsp	2¼ tsp	2½ tsp	3 tsp	3 tsp	4 tsp
Benadryl Tablets (25mg Diphenaramine/Tablet)														
		NA	NA	NA	NA	NA	NA	NA	1 tablet	1 tablet	1 tablet	1 tablet	2 tabs	2 tabs

\*Note that Infant & Childrens Acetaminophen are the same strength, Infant Drops come with a syringe - the dose size is based on your child's weight - you can use either form: infants or childrens

\*\*If your child is under 1 year of age, consult MD for dosage/use for cough and cold medicines

\*\*\* 1ml = 1cc; 5ml = 5cc = 1 tsp (but it is better to use a measuring cup/syringe with ml markings - teaspoons can vary in volume)